



English

## Product Information for the User

### CONTENTS OF THE LEAFLET:

1. What is the Cardiovena Complex® food supplement and what is it used for?
2. What does it contain?
3. How to use Cardiovena Complex® supplement?
4. Warnings
5. How to store the product
6. Other information
7. Manufacturer

Maximum relief for your legs and blood vessels

### 1. What is the Cardiovena Complex® dietary supplement and why is it used, description of the preparation, properties:

Cardiovena Complex® is a multi-component dietary supplement in capsule form, combining selected plant extracts, microelements, flavonoids, and vitamins. Recommended for promoting venous circulation, it relieves heavy and tired legs. The vitamin C, astaxanthin, and resveratrol contained in the preparation are powerful antioxidants that protect blood vessels from the effects of free radicals and oxidative stress<sup>1</sup>. Butcher's broom, present in the supplement, strengthens the tension of the blood walls, promotes blood circulation in the veins and lymph, and improves the condition of the blood vessels in the lower extremities. Microcirculation is also influenced by diosmin, which reduces the permeability of small blood vessels, thus significantly reducing the tendency for microcirculation to stagnate and, consequently, the risk of swelling, as blood and lymph do not stagnate. Its effect is enhanced by rutin, a plant flavonoid. Vitamin C contributes to normal energy metabolism<sup>2</sup> and improves iron absorption<sup>3</sup>. Vitamins B1, B2, and B6 in the preparation contribute to normal heart function<sup>4</sup>, the maintenance of healthy red blood cells<sup>5</sup>, protection against oxidative stress<sup>6</sup>, and the reduction of fatigue<sup>7</sup>. In addition, the folates in the preparation contribute to normal blood production<sup>8</sup>. Cardiovena Complex® capsules are available for oral use during activities requiring constant standing or sitting. They are also used by athletes who place heavy strain on the muscles and joints of the limbs. This product is also recommended for long flights when legs feel heavy and swollen, which often worsens in the summer heat.

### 2. What's in it?

Each capsule contains: extract of: hawthorn, knotweed, butcher's broom, Japanese pagoda tree, seaweed, diosmine, hesperidin, Vitamins B1, B2, B3, B6, B9, Vitamin C, iron(II) fumarate. Based on a daily serving of 2 capsules

Ingredient	2 capsules content will provide	% DRI Dietary Reference
Diosmine /hesperidine 9:1/	600 mg	—
Extract of hawthorn /Craetegi fructus extr. DER 10 : 1/	200 mg	—
Vit C /ac. l-ascorbique/	80 mg	100%
Extract of butcher's broom /Ruscus aculeatus extr., 5% ruscogénine/	50 mg	—
Extract of knotweed /Reynoutria japonica. 50% resvératrol/	50 mg	—
Vit B3 niacinamide	36 mg	224%
Extract of Japanese pagoda tree /Styphnolobium japonicum, 95% rutine/	20 mg	—
Extract of seaweed /Haematococcus pluvialis, 2% astaksantine/	20 mg	—
Iron (II) fumarate	7 mg	50%
Vit B6 pyridoxine	4 mg	284%
Vit B2 riboflavine	3.2 mg	228%
Vit B1 thiamine	3 mg	272%
Vit B9 folic ac.	200 µg	50%

Halal and kosher approved, vegan – cellulose capsules.

### 3. How to use Cardiovena Complex® supplement?

Recommended: 2 capsules daily with a meal, to be swallowed whole, preferably in the morning with water.

### 4. Warnings

This product is intended for adults. Do not exceed the recommended daily intake. Do not use this product if you are hypersensitive to any of its ingredients. A dietary supplement cannot replace a varied and balanced diet. A healthy lifestyle and diet are recommended.

Breastfeeding and pregnant women should consult their doctor or pharmacist about taking this product. Best before end and batch number (see bottom of the package). Do not use if the safety cover seal is broken or missing.

### 5. How to store the product

The product should be stored in its original, tightly closed packaging at room temperature away from heat and sunlight. Store out of reach of children.

### 6. Other information

Available packaging: PET bottle with screw cap, sealed with aluminium foil, containing 60 cellulose capsules. Free from artificial flavours, colours and preservatives.

### 7. Manufacturer and representative in Poland:

SwissCare Pharma® Sp. z o.o.  
ul. Iwaszkiewicza 37,  
82-300 Elbląg, PL  
www.swisscare.one



Reference inserts and certificates available  
at the company headquarters: [www.swisscare.one](http://www.swisscare.one)  
Leaflet preparation date: June 2025

