



English

Product Information for the User

CONTENTS OF THE LEAFLET:

1. What is the POWER ON® food supplement and what is it used for?
2. What does it contain?
3. How to use the POWER ON® food supplement?
4. Warnings
5. How to store the product
6. Other information
7. Manufacturer

1. What is the POWER ON® dietary supplement and what is it used for, description of the preparation and properties:

POWER ON® is a dietary supplement designed to supplement your daily diet with magnesium. Magnesium is one of the most important micro elements that determine our health. It contributes to proper muscle function and protein synthesis¹, thus maintaining healthy bones and teeth². Combined with vitamin B6 and taurine, it helps reduce the feeling of fatigue and tiredness³, contributes to the normal functioning of the nervous system⁴, promotes concentration, and maintains electrolyte balance⁵.

2. What does it contain

Each capsule contains: Magnesium (Magnesium Oxide 70%, Magnesium Citrate 30%), Cellulose Capsule (Glazing Agent: Hydroxypropylmethylcellulose, Purified Water), Taurine, Vitamin B3 Niacin (Nicotinamide), Vitamin B5 Pantothenic Acid (Calcium D-Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 Riboflavin, Vitamin B1 Thiamine (Thiamine Hydrochloride), Vitamin B9 Folic Acid (Pteroylmonoglutamic Acid), Vitamin B7 Biotin (D-Biotin), Vitamin B12 (Cyanocobalamin), Anti-caking Agent: Magnesium Salts of Fatty Acids.

Ingredient	2 capsules content will provide	% DRI Dietary Reference Intake
Magnesium Mg2+ magnesium oxide 70% magnesium citrate 30%	375 mg	100%
Taurine	120 mg	—
Vit B3 niacin	16 mg	100%
Vit B5 pantothenic ac.	6 mg	100%
Vit B6 pyridoxine	1.4 mg	100%
Vit B2 riboflavine	1.4 mg	100%
Vit B1 thiamine	1.1 mg	100%
Vit B9 folic ac.	200 µg	100%
Vit B7 biotin	50 µg	100%
Vit B12 cobalamin	2.5 µg	100%

Halal and kosher approved, vegan – cellulose capsules.

3. How to use the POWER ON® dietary supplement?

Recommended: 2 capsules daily with a meal, to be swallowed whole, preferably in the morning with water.

4. Warnings

This product is intended for adults. Do not exceed the recommended daily intake. Do not use this product if you are hypersensitive to any of its ingredients. A dietary supplement cannot replace a varied and balanced diet. A healthy lifestyle and diet are recommended.

Breastfeeding and pregnant women should consult their doctor or pharmacist about taking this product. Best before end and batch number (see bottom of the package). Do not use if the safety cover seal is broken or missing.

5. How to store the product

The product should be stored in its original, tightly closed packaging at room temperature away from heat and sunlight. Store out of reach of children.

6. Other information

Available packaging: PET bottle with screw cap, sealed with aluminium foil, containing 60 cellulose capsules. Free from artificial flavours, colours and preservatives.

7. Manufacturer and representative in Poland:

SwissCare Pharma® Sp. z o.o.
ul. Iwaszkiewicza 37,
82-300 Elbląg, PL
www.swisscare.one



Reference inserts and certificates available
at the company headquarters: www.swisscare.one
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